



Alistair Cave	Races entered =	13	totalling	56.23	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Summer Handicap (April)		24/04/2025		3.80
	3-1-5 Birthday 5k		18/05/2025		3.11
	Wesham Summer 10k		28/05/2025		6.21
	Thornton Cleveleys Interclub 2025		24/06/2025		5.00
	Wesham Interclub 2025		21/07/2025		4.50
	Chorley Interclub 2025		13/08/2025		4.80
	Summer Handicap (August)		28/08/2025		3.80
	Red Rose Interclub 2025		03/09/2025		4.10
	Summer Handicap (September)		25/09/2025		3.80
	Wesham 10k		29/11/2025		6.21
	Winter Handicap (December)		18/12/2025		3.45
	Winter Handicap (February)		26/02/2026		3.45

Alistair Leivers	Races entered =	1	totalling	3.80	miles
	Summer Handicap (September)		25/09/2025		3.80

Andy Draper	Races entered =	1	totalling	4.00	miles
	Blackpool Interclub 2025		02/04/2025		4.00

Barbara Holmes	Races entered =	8	totalling	48.42	miles
	Lytham Interclub 2025	08/05/2025		4.80	
	Wesham Summer 10k	28/05/2025		6.21	
	Thornton Cleveleys Interclub 2025	24/06/2025		5.00	
	Wesham Interclub 2025	21/07/2025		4.50	
	Summer Handicap (July)	31/07/2025		3.80	
	Chorley Interclub 2025	13/08/2025		4.80	
	Lancaster Riverside Half	17/08/2025		13.10	
	Stanley Park 10k	22/02/2026		6.21	
Barry Broughton	Races entered =	1	totalling	4.00	miles
	Blackpool Interclub 2025	02/04/2025		4.00	
Ben Constable	Races entered =	1	totalling	26.20	miles
	TCM London Marathon	27/04/2025		26.20	
Bob Clough	Races entered =	1	totalling	3.80	miles
	Summer Handicap (August)	28/08/2025		3.80	
Callum White	Races entered =	1	totalling	26.20	miles
	TCM London Marathon	27/04/2025		26.20	
Cass Chisholm	Races entered =	6	totalling	27.30	miles
	Lytham Interclub 2025	08/05/2025		4.80	
	Wesham Interclub 2025	21/07/2025		4.50	
	Chorley Interclub 2025	13/08/2025		4.80	
	Red Rose Interclub 2025	03/09/2025		4.10	
	Mid Lancs XC, Liverpool (Ladies)	22/11/2025		5.00	
	Lancs Champs XC (Ladies)	13/12/2025		4.10	

Catherine Carrdus

Races entered =

9

totalling

84.82

miles

TCM London Marathon

27/04/2025

26.20

Lytham Interclub 2025

08/05/2025

4.80

Summer Handicap (May)

29/05/2025

3.80

Wesham Interclub 2025

21/07/2025

4.50

Guilden Sutton 10k

21/09/2025

6.21

Preston Harriers 10

16/11/2025

10.00

Ulverston 10k

07/12/2025

6.21

St Annes 10

25/01/2026

10.00

Great North West Half

15/02/2026

13.10

Charlie Ormerod

Races entered =

1

totalling

6.21

miles

Ribble Valley 10k

28/12/2025

6.21

Chris Cottam	Races entered =	19	totalling	112.18	miles
	Blackpool Interclub 2025	02/04/2025		4.00	
	Preston Harriers Interclub 2025	11/06/2025		4.00	
	Freckleton Half	22/06/2025		13.10	
	Thornton Cleveleys Interclub 2025	24/06/2025		5.00	
	Wilmslow Summer 10k	13/07/2025		6.21	
	Scorton Supper Run	16/07/2025		4.75	
	Wesham Interclub 2025	21/07/2025		4.50	
	Chorley Interclub 2025	13/08/2025		4.80	
	Red Rose Interclub 2025	03/09/2025		4.10	
	Mid Lancs XC, Kendal (Men)	11/10/2025		6.00	
	Mid Lancs XC, Liverpool (Men)	22/11/2025		5.00	
	Wesham 10k	29/11/2025		6.21	
	Myerscough 10	07/12/2025		10.00	
	Lancs Champs XC (Men)	13/12/2025		5.90	
	Winter Handicap (December)	18/12/2025		3.45	
	Mid Lancs XC, Blackpool (Men)	10/01/2026		5.50	
	St Annes 10	25/01/2026		10.00	
	Winter Handicap (January)	29/01/2026		3.45	
	Valentines 10k	15/02/2026		6.21	

Ciara Greene	Races entered =	1	totalling	6.21	miles
	Blackpool Music Run 10k	13/07/2025		6.21	

Claire Markham	Races entered =	11	totalling	50.68	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Lancaster Three Bridges		13/04/2025		6.21
	Spring Farm Yard Five		24/04/2025		5.00
	Lytham Interclub 2025		08/05/2025		4.80
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Wesham Interclub 2025		21/07/2025		4.50
	Red Rose Interclub 2025		03/09/2025		4.10
	Northern Counties Road Relays (Ladies)		20/09/2025		4.06
	Summer Handicap (September)		25/09/2025		3.80
	Mid Lancs XC, Kendal (Ladies)		11/10/2025		4.00
	Pendle Witches		26/10/2025		6.21

Clare Taylor	Races entered =	6	totalling	26.20	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Lytham Interclub 2025		08/05/2025		4.80
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Wesham Interclub 2025		21/07/2025		4.50
	Chorley Interclub 2025		13/08/2025		4.80
	Red Rose Interclub 2025		03/09/2025		4.10

Dan Gregson	Races entered =	18	totalling	91.99	miles
	Blackpool Interclub 2025	02/04/2025		4.00	
	Spring Farm Yard Five	24/04/2025		5.00	
	Summer Handicap (April)	24/04/2025		3.80	
	Ripley Supper Run	29/04/2025		4.00	
	Blackstick Blue	11/05/2025		6.21	
	Wesham Summer 10k	28/05/2025		6.21	
	Preston Harriers Interclub 2025	11/06/2025		4.00	
	Thornton Cleveleys Interclub 2025	24/06/2025		5.00	
	Wilmslow Summer 10k	13/07/2025		6.21	
	Wesham Interclub 2025	21/07/2025		4.50	
	Summer Handicap (July)	31/07/2025		3.80	
	Chorley Interclub 2025	13/08/2025		4.80	
	Summer Handicap (August)	28/08/2025		3.80	
	Mid Lancs XC, Kendal (Men)	11/10/2025		6.00	
	Winter Handicap (October)	30/10/2025		3.45	
	Mid Lancs XC, Liverpool (Men)	22/11/2025		5.00	
	Wesham 10k	29/11/2025		6.21	
	Myerscough 10	07/12/2025		10.00	

Dave Booth	Races entered =	5	totalling	49.31	miles
	TCM London Marathon	27/04/2025		26.20	
	Carnival 5k	13/07/2025		3.11	
	Manchester Half	12/10/2025		13.10	
	Winter Handicap (November)	27/11/2025		3.45	
	Winter Handicap (December)	18/12/2025		3.45	

David McDonald	Races entered =	1	totalling	13.10	miles
	Great North West Half	15/02/2026		13.10	

Debbie Barry	Races entered =	10	totalling	38.95	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Summer Handicap (April)		24/04/2025		3.80
	Abbeystead Supper Run		20/05/2025		4.00
	Summer Handicap (May)		29/05/2025		3.80
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Wesham Interclub 2025		21/07/2025		4.50
	Summer Handicap (July)		31/07/2025		3.80
	Summer Handicap (August)		28/08/2025		3.80
	Summer Handicap (September)		25/09/2025		3.80
	Winter Handicap (February)		26/02/2026		3.45

Dom Kirby	Races entered =	12	totalling	54.05	miles
	Spring Farm Yard Five		24/04/2025		5.00
	Lytham Interclub 2025		08/05/2025		4.80
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Summer Handicap (June)		26/06/2025		3.80
	Summer Handicap (July)		31/07/2025		3.80
	Chorley Interclub 2025		13/08/2025		4.80
	Red Rose Interclub 2025		03/09/2025		4.10
	Summer Handicap (September)		25/09/2025		3.80
	Mid Lancs XC, Kendal (Men)		11/10/2025		6.00
	Mid Lancs XC, Liverpool (Men)		22/11/2025		5.00
	Winter Handicap (November)		27/11/2025		3.45
	Mid Lancs XC, Blackpool (Men)		10/01/2026		5.50

Dominic Read-Garrett	Races entered =	3	totalling	14.30	miles
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Blackpool Interclub 2025	02/04/2025	4.00
Lytham Interclub 2025	08/05/2025	4.80
Mid Lancs XC, Blackpool (Men)	10/01/2026	5.50

Emma Pattison	Races entered =	3	totalling	12.90	miles
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Blackpool Interclub 2025	02/04/2025	4.00
Chorley Interclub 2025	13/08/2025	4.80
Red Rose Interclub 2025	03/09/2025	4.10

Gill Draper	Races entered =	4	totalling	17.30	miles
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Blackpool Interclub 2025	02/04/2025	4.00
Preston Harriers Interclub 2025	11/06/2025	4.00
Wesham Interclub 2025	21/07/2025	4.50
Chorley Interclub 2025	13/08/2025	4.80

Gillian Anderson		Races entered =	17	totalling	78.13	miles
	Blackpool Interclub 2025			02/04/2025		4.00
	Summer Handicap (April)			24/04/2025		3.80
	Summer Handicap (May)			29/05/2025		3.80
	Preston Harriers Interclub 2025			11/06/2025		4.00
	Thornton Cleveleys Interclub 2025			24/06/2025		5.00
	Summer Handicap (June)			26/06/2025		3.80
	Wesham Interclub 2025			21/07/2025		4.50
	Summer Handicap (July)			31/07/2025		3.80
	Chorley Interclub 2025			13/08/2025		4.80
	Northern Counties Road Relays (Ladies)			20/09/2025		4.06
	Summer Handicap (September)			25/09/2025		3.80
	Wesham 10k			29/11/2025		6.21
	Winter Handicap (December)			18/12/2025		3.45
	St Annes 10			25/01/2026		10.00
	Winter Handicap (January)			29/01/2026		3.45
	Blackburn Winter Warmer			01/02/2026		6.21
	Winter Handicap (February)			26/02/2026		3.45

Ginny Hester-See		Races entered =	6	totalling	46.30	miles
	TCM London Marathon			27/04/2025		26.20
	Thornton Cleveleys Interclub 2025			24/06/2025		5.00
	Scorton Supper Run			16/07/2025		4.75
	Winter Handicap (October)			30/10/2025		3.45
	Winter Handicap (November)			27/11/2025		3.45
	Winter Handicap (February)			26/02/2026		3.45

Graham Cunliffe

Races entered =

5

totalling

23.01

miles

Blackpool Interclub 2025

02/04/2025

4.00

Lancaster Three Bridges

13/04/2025

6.21

Ripley Supper Run

29/04/2025

4.00

Lytham Interclub 2025

08/05/2025

4.80

Abbeystead Supper Run

20/05/2025

4.00

Graham Webster

Races entered =

23

totalling

55.15

miles

Blackpool Interclub 2025	02/04/2025	4.00
Mid Lancs T&F, Preston (200m)	12/04/2025	0.12
Mid Lancs T&F, Preston (400m)	12/04/2025	0.25
Summer Handicap (April)	24/04/2025	3.80
Ripley Supper Run	29/04/2025	4.00
Lytham Interclub 2025	08/05/2025	4.80
Mid Lancs T&F, Lancaster (400m)	18/05/2025	0.25
Mid Lancs T&F, Lancaster (800m)	18/05/2025	0.50
Mid Lancs T&F, Lancaster (3000m)	18/05/2025	1.87
Summer Handicap (May)	29/05/2025	3.80
Preston Harriers Interclub 2025	11/06/2025	4.00
Thornton Cleveleys Interclub 2025	24/06/2025	5.00
Summer Handicap (June)	26/06/2025	3.80
Mid Lancs T&F, Bury (5th July) (200m)	05/07/2025	0.13
Mid Lancs T&F, Bury (5th July) (800m)	05/07/2025	0.50
Mid Lancs T&F, Bury (5th July) (400m)	05/07/2025	0.25
Wesham Interclub 2025	21/07/2025	4.50
Mid Lancs T&F, Bury (26th July) (400m)	26/07/2025	0.25
Mid Lancs T&F, Bury (26th July) (800m)	26/07/2025	0.50
Mid Lancs T&F, Bury (26th July) (200m)	26/07/2025	0.13
Summer Handicap (July)	31/07/2025	3.80
Chorley Interclub 2025	13/08/2025	4.80
Red Rose Interclub 2025	03/09/2025	4.10

Greg Ashworth

Races entered =

18

totalling

83.06

miles

Blackpool Interclub 2025	02/04/2025	4.00
Summer Handicap (April)	24/04/2025	3.80
Lytham Interclub 2025	08/05/2025	4.80
Summer Handicap (May)	29/05/2025	3.80
Preston Harriers Interclub 2025	11/06/2025	4.00
Freckleton Half	22/06/2025	13.10
Scorton Supper Run	16/07/2025	4.75
Wesham Interclub 2025	21/07/2025	4.50
Summer Handicap (July)	31/07/2025	3.80
Chorley Interclub 2025	13/08/2025	4.80
Summer Handicap (August)	28/08/2025	3.80
Red Rose Interclub 2025	03/09/2025	4.10
Summer Handicap (September)	25/09/2025	3.80
Winter Handicap (October)	30/10/2025	3.45
Winter Handicap (November)	27/11/2025	3.45
Winter Handicap (January)	29/01/2026	3.45
Blackburn Winter Warmer	01/02/2026	6.21
Winter Handicap (February)	26/02/2026	3.45

Greg Oulton Races entered = 14 totalling 55.51 miles

Blackpool Interclub 2025	02/04/2025	4.00
Mid Lancs T&F, Preston (3000m)	12/04/2025	1.86
Rivington Pike Fell Race	19/04/2025	3.00
Lytham Interclub 2025	08/05/2025	4.80
Abbeystead Supper Run	20/05/2025	4.00
Preston Harriers Interclub 2025	11/06/2025	4.00
Thornton Cleveleys Interclub 2025	24/06/2025	5.00
Scorton Supper Run	16/07/2025	4.75
Wesham Interclub 2025	21/07/2025	4.50
Summer Handicap (July)	31/07/2025	3.80
Chorley Interclub 2025	13/08/2025	4.80
Red Rose Interclub 2025	03/09/2025	4.10
Winter Handicap (October)	30/10/2025	3.45
Winter Handicap (January)	29/01/2026	3.45

Jack Atkin Races entered = 7 totalling 32.20 miles

Lytham Interclub 2025	08/05/2025	4.80
Preston Harriers Interclub 2025	11/06/2025	4.00
Thornton Cleveleys Interclub 2025	24/06/2025	5.00
Wesham Interclub 2025	21/07/2025	4.50
Chorley Interclub 2025	13/08/2025	4.80
Red Rose Interclub 2025	03/09/2025	4.10
Mid Lancs XC, Liverpool (Men)	22/11/2025	5.00

Jake Rodwell	Races entered =	17	totalling	90.39	miles
	Blackpool Interclub 2025	02/04/2025		4.00	
	Power of 5k (April)	04/04/2025		3.11	
	Spring Farm Yard Five	24/04/2025		5.00	
	Thornton Cleveleys Interclub 2025	24/06/2025		5.00	
	Wesham Interclub 2025	21/07/2025		4.50	
	Summer Handicap (July)	31/07/2025		3.80	
	Chorley Interclub 2025	13/08/2025		4.80	
	Summer Handicap (August)	28/08/2025		3.80	
	Summer Handicap (September)	25/09/2025		3.80	
	Manchester Half	12/10/2025		13.10	
	Lancaster Half	02/11/2025		13.10	
	Mid Lancs XC, Liverpool (Men)	22/11/2025		5.00	
	Power of 5k (November)	28/11/2025		3.11	
	Winter Handicap (December)	18/12/2025		3.45	
	Mid Lancs XC, Blackpool (Men)	10/01/2026		5.50	
	Power of 5k	23/01/2026		3.11	
	Valentines 10k	15/02/2026		6.21	

James Crabtree	Races entered =	1	totalling	3.45	miles
	Winter Handicap (December)	18/12/2025		3.45	

James Whittle

Races entered =

27

totalling

118.44

miles

Blackpool Interclub 2025	02/04/2025	4.00
Mid Lancs T&F, Preston (3000m)	12/04/2025	1.86
Mid Lancs T&F, Preston (1500m)	12/04/2025	0.93
Spring Farm Yard Five	24/04/2025	5.00
Mid Lancs T&F, Lancaster (3000m)	18/05/2025	1.87
Mid Lancs T&F, Lancaster (1500m)	18/05/2025	0.94
Wesham Summer 10k	28/05/2025	6.21
Summer Handicap (May)	29/05/2025	3.80
Preston Harriers Interclub 2025	11/06/2025	4.00
Freckleton Half	22/06/2025	13.10
Thornton Cleveleys Interclub 2025	24/06/2025	5.00
Wilmslow Summer 10k	13/07/2025	6.21
Wesham Interclub 2025	21/07/2025	4.50
Summer Handicap (July)	31/07/2025	3.80
Summer Handicap (August)	28/08/2025	3.80
Red Rose Interclub 2025	03/09/2025	4.10
Summer Handicap (September)	25/09/2025	3.80
Mid Lancs XC, Kendal (Men)	11/10/2025	6.00
Windmill 10k	09/11/2025	6.21
Mid Lancs XC, Liverpool (Men)	22/11/2025	5.00
Winter Handicap (November)	27/11/2025	3.45
Lancs Champs XC (Men)	13/12/2025	5.90
Winter Handicap (December)	18/12/2025	3.45
Mid Lancs XC, Blackpool (Men)	10/01/2026	5.50
Power of 5k	23/01/2026	3.11
Winter Handicap (January)	29/01/2026	3.45

Winter Handicap (February)	26/02/2026	3.45
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Jayne Kirkham	Races entered =	4	totalling	18.46	miles
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Thornton Cleveleys Interclub 2025	24/06/2025	5.00
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Summer Handicap (June)	26/06/2025	3.80
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Windmill 10k	09/11/2025	6.21
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Winter Handicap (November)	27/11/2025	3.45
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Jo Goorney	Races entered =	6	totalling	27.60	miles
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Blackpool Interclub 2025	02/04/2025	4.00
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Lytham Interclub 2025	08/05/2025	4.80
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Thornton Cleveleys Interclub 2025	24/06/2025	5.00
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Chorley Interclub 2025	13/08/2025	4.80
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Mid Lancs XC, Kendal (Ladies)	11/10/2025	4.00
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Mid Lancs XC, Liverpool (Ladies)	22/11/2025	5.00
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Jodie Ferguson	Races entered =	1	totalling	3.45	miles
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Winter Handicap (November)	27/11/2025	3.45
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Joe Greenwood	Races entered =	13	totalling	56.00	miles
	Summer Handicap (April)		24/04/2025		3.80
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Thornton Cleveleys Interclub 2025		24/06/2025		5.00
	Summer Handicap (June)		26/06/2025		3.80
	Wesham Interclub 2025		21/07/2025		4.50
	Summer Handicap (July)		31/07/2025		3.80
	Chorley Interclub 2025		13/08/2025		4.80
	Red Rose Interclub 2025		03/09/2025		4.10
	Summer Handicap (September)		25/09/2025		3.80
	Mid Lancs XC, Kendal (Men)		11/10/2025		6.00
	Winter Handicap (December)		18/12/2025		3.45
	Mid Lancs XC, Blackpool (Men)		10/01/2026		5.50
	Winter Handicap (February)		26/02/2026		3.45

Joe Holt	Races entered =	2	totalling	6.90	miles
	Winter Handicap (January)		29/01/2026		3.45
	Winter Handicap (February)		26/02/2026		3.45

John Bertenshaw	Races entered =	9	totalling	63.42	miles
	Lytham Interclub 2025		08/05/2025		4.80
	Summer Handicap (May)		29/05/2025		3.80
	Wesham Interclub 2025		21/07/2025		4.50
	Chorley Interclub 2025		13/08/2025		4.80
	Guilden Sutton 10k		21/09/2025		6.21
	Preston Harriers 10		16/11/2025		10.00
	Ulverston 10k		07/12/2025		6.21
	St Annes 10		25/01/2026		10.00
	Great North West Half		15/02/2026		13.10

Jonathan Tuck	Races entered =	13	totalling	58.95	miles
	Lytham Interclub 2025		08/05/2025		4.80
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Thornton Cleveleys Interclub 2025		24/06/2025		5.00
	Summer Handicap (June)		26/06/2025		3.80
	Wesham Interclub 2025		21/07/2025		4.50
	Chorley Interclub 2025		13/08/2025		4.80
	Summer Handicap (August)		28/08/2025		3.80
	Red Rose Interclub 2025		03/09/2025		4.10
	Summer Handicap (September)		25/09/2025		3.80
	Mid Lancs XC, Kendal (Men)		11/10/2025		6.00
	Mid Lancs XC, Liverpool (Men)		22/11/2025		5.00
	Winter Handicap (November)		27/11/2025		3.45
	Lancs Champs XC (Men)		13/12/2025		5.90

Jonny Ladd	Races entered =	1	totalling	13.10	miles
	Run Media City Half		15/02/2026		13.10

Julia Rolfe	Races entered =	15	totalling	66.98	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Rivington Pike Fell Race		19/04/2025		3.00
	Ripley Supper Run		29/04/2025		4.00
	Lytham Interclub 2025		08/05/2025		4.80
	Thornton Cleveleys Interclub 2025		24/06/2025		5.00
	Carnival 5k		13/07/2025		3.11
	Scorton Supper Run		16/07/2025		4.75
	Wesham Interclub 2025		21/07/2025		4.50
	Chorley Interclub 2025		13/08/2025		4.80
	Mid Lancs XC, Kendal (Ladies)		11/10/2025		4.00
	Pendle Witches		26/10/2025		6.21
	Mid Lancs XC, Liverpool (Ladies)		22/11/2025		5.00
	Lancs Champs XC (Ladies)		13/12/2025		4.10
	Valentines 10k		15/02/2026		6.21
	Mid Lancs XC, Lancaster (Ladies)		28/02/2026		3.50
Julie Wiseman	Races entered =	2	totalling	7.80	miles
	Summer Handicap (April)		24/04/2025		3.80
	Preston Harriers Interclub 2025		11/06/2025		4.00
Kate Price Edwards	Races entered =	6	totalling	25.90	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Summer Handicap (April)		24/04/2025		3.80
	Lytham Interclub 2025		08/05/2025		4.80
	Wesham Interclub 2025		21/07/2025		4.50
	Chorley Interclub 2025		13/08/2025		4.80
	Mid Lancs XC, Kendal (Ladies)		11/10/2025		4.00

Kathy Gaunt	Races entered =	5	totalling	32.27	miles
	Chorley Interclub 2025		13/08/2025		4.80
	Lancaster Riverside Half		17/08/2025		13.10
	Red Rose Interclub 2025		03/09/2025		4.10
	Northern Counties Road Relays (Ladies)		20/09/2025		4.06
	Windmill 10k		09/11/2025		6.21
Kirsten Burnett	Races entered =	4	totalling	21.42	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Lancaster Three Bridges		13/04/2025		6.21
	Spring Farm Yard Five		24/04/2025		5.00
	Blackburn Winter Warmer		01/02/2026		6.21
Leanne Nield	Races entered =	13	totalling	52.72	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Summer Handicap (April)		24/04/2025		3.80
	Lytham Interclub 2025		08/05/2025		4.80
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Summer Handicap (June)		26/06/2025		3.80
	Chorley Interclub 2025		13/08/2025		4.80
	Red Rose Interclub 2025		03/09/2025		4.10
	Northern Counties Road Relays (Ladies)		20/09/2025		4.06
	Mid Lancs XC, Kendal (Ladies)		11/10/2025		4.00
	Mid Lancs XC, Liverpool (Ladies)		22/11/2025		5.00
	Power of 5k (November)		28/11/2025		3.11
	Mid Lancs XC, Blackpool (Ladies)		10/01/2026		3.75
	Mid Lancs XC, Lancaster (Ladies)		28/02/2026		3.50

Linda Herriott	Races entered =	1	totalling	4.00	miles
	Blackpool Interclub 2025		02/04/2025		4.00
Liz Canavan	Races entered =	4	totalling	16.60	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Ripley Supper Run		29/04/2025		4.00
	Chorley Interclub 2025		13/08/2025		4.80
	Summer Handicap (September)		25/09/2025		3.80
Louise Cox	Races entered =	1	totalling	10.00	miles
	Caldervale 10		18/04/2025		10.00
Luisa Haylett	Races entered =	4	totalling	20.42	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Wesham Summer 10k		28/05/2025		6.21
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Wesham 10k		29/11/2025		6.21
Maddy Markham	Races entered =	10	totalling	20.28	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Lancaster Three Bridges		13/04/2025		6.21
	Spring Farm Yard Five		24/04/2025		5.00
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Mid Lancs T&F, Bury (5th July) (400m)		05/07/2025		0.25
	Mid Lancs T&F, Bury (5th July) (100m)		05/07/2025		0.06
	Mid Lancs T&F, Blackburn (200m)		16/08/2025		0.13
	Mid Lancs T&F, Blackburn (400m)		16/08/2025		0.25
	Mid Lancs T&F, Blackpool (200m)		30/08/2025		0.13
	Mid Lancs T&F, Blackpool (400m)		30/08/2025		0.25

Mateusz Krol	Races entered =	2	totalling	7.25	miles
	Summer Handicap (September)		25/09/2025		3.80
	Winter Handicap (December)		18/12/2025		3.45
Matt Lumby	Races entered =	3	totalling	32.41	miles
	Windmill Half		10/08/2025		13.10
	Run The Lights 10k		16/08/2025		6.21
	West Coast Half		12/10/2025		13.10
Matthias Lindorfer	Races entered =	3	totalling	31.21	miles
	Wesham Summer 10k		28/05/2025		6.21
	Golden Ball		31/08/2025		20.00
	Mid Lancs XC, Liverpool (Men)		22/11/2025		5.00
Mel Koth	Races entered =	12	totalling	89.46	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Caldervale 10		18/04/2025		10.00
	TCM London Marathon		27/04/2025		26.20
	Lytham Interclub 2025		08/05/2025		4.80
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Wesham Interclub 2025		21/07/2025		4.50
	Chorley Interclub 2025		13/08/2025		4.80
	Red Rose Interclub 2025		03/09/2025		4.10
	Mid Lancs XC, Kendal (Ladies)		11/10/2025		4.00
	Mid Lancs XC, Blackpool (Ladies)		10/01/2026		3.75
	Central Lancs Half		11/01/2026		13.10
	Blackburn Winter Warmer		01/02/2026		6.21

Michael Kettle	Races entered =	2	totalling	8.80	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Lytham Interclub 2025		08/05/2025		4.80
Mike Toft	Races entered =	13	totalling	79.97	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	TCM London Marathon		27/04/2025		26.20
	Lytham Interclub 2025		08/05/2025		4.80
	Wesham Summer 10k		28/05/2025		6.21
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Thornton Cleveleys Interclub 2025		24/06/2025		5.00
	Wesham Interclub 2025		21/07/2025		4.50
	Power of 5k (July)		25/07/2025		3.11
	Chorley Interclub 2025		13/08/2025		4.80
	Summer Handicap (August)		28/08/2025		3.80
	Red Rose Interclub 2025		03/09/2025		4.10
	Mid Lancs XC, Kendal (Men)		11/10/2025		6.00
	Winter Handicap (December)		18/12/2025		3.45
Morgan Pritchard	Races entered =	6	totalling	24.01	miles
	Thornton Cleveleys Interclub 2025		24/06/2025		5.00
	Summer Handicap (June)		26/06/2025		3.80
	Carnival 5k		13/07/2025		3.11
	Wesham Interclub 2025		21/07/2025		4.50
	Summer Handicap (July)		31/07/2025		3.80
	Summer Handicap (September)		25/09/2025		3.80

Nathan Allcock	Races entered =	8	totalling	43.61	miles
	Wesham Summer 10k	28/05/2025		6.21	
	Preston Harriers Interclub 2025	11/06/2025		4.00	
	Thornton Cleveleys Interclub 2025	24/06/2025		5.00	
	Wesham Interclub 2025	21/07/2025		4.50	
	Chorley Interclub 2025	13/08/2025		4.80	
	Riverside 10	31/08/2025		10.00	
	Red Rose Interclub 2025	03/09/2025		4.10	
	Mid Lancs XC, Liverpool (Men)	22/11/2025		5.00	

Pam Hardman	Races entered =	1	totalling	10.00	miles
	Preston Harriers 10	16/11/2025		10.00	

Paul McAllister	Races entered =	8	totalling	24.71	miles
	Blackpool Interclub 2025	02/04/2025		4.00	
	Mid Lancs T&F, Preston (200m)	12/04/2025		0.12	
	Mid Lancs T&F, Preston (400m)	12/04/2025		0.25	
	Preston Harriers Interclub 2025	11/06/2025		4.00	
	Thornton Cleveleys Interclub 2025	24/06/2025		5.00	
	Mid Lancs T&F, Bury (26th July) (200m)	26/07/2025		0.13	
	Windmill 10k	09/11/2025		6.21	
	Mid Lancs XC, Liverpool (Men)	22/11/2025		5.00	

Peter Dilks	Races entered =	7	totalling	25.20	miles
	Summer Handicap (April)	24/04/2025		3.80	
	Summer Handicap (May)	29/05/2025		3.80	
	Summer Handicap (August)	28/08/2025		3.80	
	Winter Handicap (October)	30/10/2025		3.45	
	Winter Handicap (November)	27/11/2025		3.45	
	Winter Handicap (December)	18/12/2025		3.45	
	Winter Handicap (February)	26/02/2026		3.45	

Peter Reid	Races entered =	11	totalling	48.72	miles
	Blackpool Interclub 2025	02/04/2025		4.00	
	Lytham Interclub 2025	08/05/2025		4.80	
	Preston Harriers Interclub 2025	11/06/2025		4.00	
	Thornton Cleveleys Interclub 2025	24/06/2025		5.00	
	Carnival 5k	13/07/2025		3.11	
	Scorton Supper Run	16/07/2025		4.75	
	Wesham Interclub 2025	21/07/2025		4.50	
	Chorley Interclub 2025	13/08/2025		4.80	
	Red Rose Interclub 2025	03/09/2025		4.10	
	Windmill 10k	09/11/2025		6.21	
	Winter Handicap (December)	18/12/2025		3.45	

Peter Thomson	Races entered =	5	totalling	21.90	miles
	Blackpool Interclub 2025	02/04/2025		4.00	
	Preston Harriers Interclub 2025	11/06/2025		4.00	
	Thornton Cleveleys Interclub 2025	24/06/2025		5.00	
	Chorley Interclub 2025	13/08/2025		4.80	
	Red Rose Interclub 2025	03/09/2025		4.10	

Richard Storey	Races entered =	8	totalling	52.41	miles
Caldervale 10			18/04/2025		10.00
Ripley Supper Run			29/04/2025		4.00
Great Birmingham Half			04/05/2025		13.10
Lytham Interclub 2025			08/05/2025		4.80
Blackstick Blue			11/05/2025		6.21
Thornton Cleveleys Interclub 2025			24/06/2025		5.00
Wesham Interclub 2025			21/07/2025		4.50
Chorley Interclub 2025			13/08/2025		4.80

Ross McKelvie	Races entered =	16	totalling	58.15	miles
Spring Farm Yard Five			24/04/2025		5.00
Summer Handicap (April)			24/04/2025		3.80
Ripley Supper Run			29/04/2025		4.00
Mid Lancs T&F, Lancaster (1500m)			18/05/2025		0.94
Mid Lancs T&F, Lancaster (3000m)			18/05/2025		1.87
Preston Harriers Interclub 2025			11/06/2025		4.00
Mid Lancs T&F, Bury (5th July) (800m)			05/07/2025		0.50
Carnival 5k			13/07/2025		3.11
Wesham Interclub 2025			21/07/2025		4.50
Mid Lancs T&F, Blackpool (3000m)			30/08/2025		1.87
Red Rose Interclub 2025			03/09/2025		4.10
Summer Handicap (September)			25/09/2025		3.80
Mid Lancs XC, Kendal (Men)			11/10/2025		6.00
Pendle Witches			26/10/2025		6.21
Mid Lancs XC, Liverpool (Men)			22/11/2025		5.00
Winter Handicap (January)			29/01/2026		3.45

Ruth Williams	Races entered =	4	totalling	16.86	miles
	Summer Handicap (April)		24/04/2025		3.80
	Ripley Supper Run		29/04/2025		4.00
	Thornton Cleveleys Interclub 2025		24/06/2025		5.00
	Northern Counties Road Relays (Ladies)		20/09/2025		4.06

Sarah Beck	Races entered =	7	totalling	34.32	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Lytham Interclub 2025		08/05/2025		4.80
	Wesham Summer 10k		28/05/2025		6.21
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Thornton Cleveleys Interclub 2025		24/06/2025		5.00
	Red Rose Interclub 2025		03/09/2025		4.10
	Windmill 10k		09/11/2025		6.21

Simon Nield	Races entered =	11	totalling	49.25	miles
	Blackpool Interclub 2025		02/04/2025		4.00
	Summer Handicap (April)		24/04/2025		3.80
	Lytham Interclub 2025		08/05/2025		4.80
	Preston Harriers Interclub 2025		11/06/2025		4.00
	Summer Handicap (July)		31/07/2025		3.80
	Chorley Interclub 2025		13/08/2025		4.80
	Red Rose Interclub 2025		03/09/2025		4.10
	Mid Lancs XC, Kendal (Men)		11/10/2025		6.00
	Winter Handicap (October)		30/10/2025		3.45
	Mid Lancs XC, Liverpool (Men)		22/11/2025		5.00
	Mid Lancs XC, Blackpool (Men)		10/01/2026		5.50

Stephen Rodwell

Races entered =

35

totalling

192.54

miles

Blackpool Interclub 2025	02/04/2025	4.00
Power of 5k (April)	04/04/2025	3.11
Spring Farm Yard Five	24/04/2025	5.00
Summer Handicap (April)	24/04/2025	3.80
Blackpool Festival Of Running 5k	26/04/2025	3.11
Blackpool Festival Of Running 10k	26/04/2025	6.21
Ripley Supper Run	29/04/2025	4.00
Lytham Interclub 2025	08/05/2025	4.80
3-1-5 Birthday 5k	18/05/2025	3.11
Wesham Summer 10k	28/05/2025	6.21
Summer Handicap (May)	29/05/2025	3.80
Preston Harriers Interclub 2025	11/06/2025	4.00
Freckleton Half	22/06/2025	13.10
Thornton Cleveleys Interclub 2025	24/06/2025	5.00
Summer Handicap (June)	26/06/2025	3.80
Wesham Interclub 2025	21/07/2025	4.50
Summer Handicap (July)	31/07/2025	3.80
Chorley Interclub 2025	13/08/2025	4.80
Summer Handicap (August)	28/08/2025	3.80
Fairhaven Flyer	14/09/2025	6.21
Summer Handicap (September)	25/09/2025	3.80
Manchester Half	12/10/2025	13.10
Winter Handicap (October)	30/10/2025	3.45
Lancaster Half	02/11/2025	13.10
Windmill 10k	09/11/2025	6.21
Mid Lancs XC, Liverpool (Men)	22/11/2025	5.00

Winter Handicap (November)	27/11/2025	3.45
Myerscough 10	07/12/2025	10.00
Winter Handicap (December)	18/12/2025	3.45
Mid Lancs XC, Blackpool (Men)	10/01/2026	5.50
St Annes 10	25/01/2026	10.00
Winter Handicap (January)	29/01/2026	3.45
Valentines 10k	15/02/2026	6.21
Stanley Park 10k	22/02/2026	6.21
Winter Handicap (February)	26/02/2026	3.45

Stephen Wise Races entered = 10 totalling 51.12 miles

Blackpool Interclub 2025	02/04/2025	4.00
Spring Farm Yard Five	24/04/2025	5.00
Ripley Supper Run	29/04/2025	4.00
Blackstick Blue	11/05/2025	6.21
Summer Handicap (July)	31/07/2025	3.80
Winter Handicap (October)	30/10/2025	3.45
Windmill 10k	09/11/2025	6.21
Mid Lancs XC, Liverpool (Men)	22/11/2025	5.00
Winter Handicap (November)	27/11/2025	3.45
Myerscough 10	07/12/2025	10.00

Steven Pepper

Races entered =

22

totalling

114.69

miles

Blackpool Interclub 2025	02/04/2025	4.00
Spring Farm Yard Five	24/04/2025	5.00
Summer Handicap (April)	24/04/2025	3.80
Lytham Interclub 2025	08/05/2025	4.80
Wesham Summer 10k	28/05/2025	6.21
Summer Handicap (May)	29/05/2025	3.80
Preston Harriers Interclub 2025	11/06/2025	4.00
Freckleton Half	22/06/2025	13.10
Thornton Cleveleys Interclub 2025	24/06/2025	5.00
Wilmslow Summer 10k	13/07/2025	6.21
Wesham Interclub 2025	21/07/2025	4.50
Summer Handicap (July)	31/07/2025	3.80
Chorley Interclub 2025	13/08/2025	4.80
Summer Handicap (August)	28/08/2025	3.80
Red Rose Interclub 2025	03/09/2025	4.10
Winter Handicap (October)	30/10/2025	3.45
Windmill 10k	09/11/2025	6.21
Mid Lancs XC, Liverpool (Men)	22/11/2025	5.00
St Annes 10	25/01/2026	10.00
Winter Handicap (January)	29/01/2026	3.45
Valentines 10k	15/02/2026	6.21
Winter Handicap (February)	26/02/2026	3.45

Sue Hawitt	Races entered =	11	totalling	45.71	miles
	Blackpool Interclub 2025	02/04/2025		4.00	
	Spring Farm Yard Five	24/04/2025		5.00	
	Ripley Supper Run	29/04/2025		4.00	
	Preston Harriers Interclub 2025	11/06/2025		4.00	
	Thornton Cleveleys Interclub 2025	24/06/2025		5.00	
	Carnival 5k	13/07/2025		3.11	
	Scorton Supper Run	16/07/2025		4.75	
	Summer Handicap (July)	31/07/2025		3.80	
	Chorley Interclub 2025	13/08/2025		4.80	
	Summer Handicap (September)	25/09/2025		3.80	
	Winter Handicap (October)	30/10/2025		3.45	

Terry Hellings	Races entered =	3	totalling	12.00	miles
	Blackpool Interclub 2025	02/04/2025		4.00	
	Ripley Supper Run	29/04/2025		4.00	
	Abbeystead Supper Run	20/05/2025		4.00	

Vicki Richardson	Races entered =	10	totalling	75.25	miles
	Blackpool Interclub 2025	02/04/2025		4.00	
	TCM London Marathon	27/04/2025		26.20	
	Lytham Interclub 2025	08/05/2025		4.80	
	Preston Harriers Interclub 2025	11/06/2025		4.00	
	Freckleton Half	22/06/2025		13.10	
	Thornton Cleveleys Interclub 2025	24/06/2025		5.00	
	Scorton Supper Run	16/07/2025		4.75	
	Wesham Interclub 2025	21/07/2025		4.50	
	Chorley Interclub 2025	13/08/2025		4.80	
	Red Rose Interclub 2025	03/09/2025		4.10	

Xavia Cooper

Races entered =

30

totalling

178.74

miles

Brighton Marathon	06/04/2025	26.10
Rivington Pike Fell Race	19/04/2025	3.00
Spring Farm Yard Five	24/04/2025	5.00
Summer Handicap (April)	24/04/2025	3.80
Ripley Supper Run	29/04/2025	4.00
Wesham Summer 10k	28/05/2025	6.21
Preston Harriers Interclub 2025	11/06/2025	4.00
Thornton Cleveleys Interclub 2025	24/06/2025	5.00
Summer Handicap (June)	26/06/2025	3.80
Wesham Interclub 2025	21/07/2025	4.50
Chorley Interclub 2025	13/08/2025	4.80
Lancaster Riverside Half	17/08/2025	13.10
Summer Handicap (August)	28/08/2025	3.80
Red Rose Interclub 2025	03/09/2025	4.10
Langdale Half	13/09/2025	13.10
Northern Counties Road Relays (Ladies)	20/09/2025	4.06
Summer Handicap (September)	25/09/2025	3.80
Mid Lancs XC, Kendal (Ladies)	11/10/2025	4.00
Winter Handicap (October)	30/10/2025	3.45
Windmill 10k	09/11/2025	6.21
Mid Lancs XC, Liverpool (Ladies)	22/11/2025	5.00
Power of 5k (November)	28/11/2025	3.11
Myerscough 10	07/12/2025	10.00
Lancs Champs XC (Ladies)	13/12/2025	4.10
Winter Handicap (December)	18/12/2025	3.45
Mid Lancs XC, Blackpool (Ladies)	10/01/2026	3.75

Winter Handicap (January)	29/01/2026	3.45
Great North West Half	15/02/2026	13.10
Winter Handicap (February)	26/02/2026	3.45
Mid Lancs XC, Lancaster (Ladies)	28/02/2026	3.50

Total Races Entered

Total Miles =